



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OFFICE DAGUPAN CITY



Office of the Schools Division
Superintendent

December 03, 2024

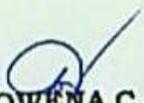
DIVISION MEMORANDUM

No.: 510, s. 2024

Orientation on Mental Health Program for Guidance Designate

To: Chief Education Supervisors-CID and SGOD
Public Elementary and Secondary School Heads
School Guidance Designate
All others concerned

1. In support of the School Mental Health Program (SMHP) and in alignment with the recently enacted Republic Act No. 11036, also known as the Mental Health Act, this office through the School Health Division will conduct two-day orientation.
2. The participants in this orientation are the health and nutrition personnel and all school guidance designate on December 17-18, 2024 at Lenox Hotel, Dagupan City. See Enclosure 1 for the list of participants and program.
3. The participants are expected to develop their action plans for FY 2025-2026 during this orientation.
4. Expenses relative to the orientation may be charged to Program Support Fund for the field implementation of the SMHP 2024 and available local funds subject to the usual accounting and audit rules & regulations.
5. For any concerns or clarification. Pls. contact Marina S. Festejo at marina.festejo@deped.gov.ph.
6. For your information, guidance and compliance.


ROWENA C. BANZON EdD, CESO V
Schools Division Superintendent



Address: Burgos St., Poblacion Oeste, Dagupan City
Telephone: (075) 653-4101
Website: depeddagupan.com
email: dagupan.city@deped.gov.ph



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Orientation on Mental Health Program for Guidance Designate

December 17-18, 2024

- | | |
|-----------------------------|-------------------------------------|
| 1. Geraldine A. Claveria | Bacayao Sur Elem. School |
| 2. Dahlia B. Arenos | Bolosan Elem. School |
| 3. Judy V. Naobre | Bliss Elem. School |
| 4. Josephine N. Ico | Bonuan Boquig Elem. Sschool |
| 5. Iresh Ervin Q. Velano | Bonuan Buquig NHS-JHS |
| 6. Jerome Dizon | Bonuan Buquig NHS-SHS |
| 7. Raquel S. Dondo | Calmay Elem. School |
| 8. Lina V. Catalan | Carael Elem. School |
| 9. Mary B. Bulatao | Carael NHS-JHS |
| 10. Carla D. Salazar | Carael NHS-SHS |
| 11. Kynfa C. Tagapan | Caranglaan Elem. School |
| 12. Alleli Jill T. Barberan | Dagupan City NHS |
| 13. Eileen Ray J. Reamon | Dagupan City NHS |
| 14. Elisa A. Paras | East Central IS |
| 15. Jovelyn G. De Luna | East Central IS |
| 16. Jesusa Q. Moreno | East Central IS |
| 17. Abigail U. Landingin | Federico IS |
| 18. Leonyriza A. Torres | Federico IS |
| 19. Cherry E. Carlos | Federico IS |
| 20. Clarizza Q. Batol | Gregorio Del Pilar Elem. School |
| 21. Judy C. Carrera | Juan L. Siapno Elem. School |
| 22. Virginia C. Sales | Juan P. Guadiz Elem. School |
| 23. Anabelle S. Lamsen | Judge Jose De Venecia TVSS |
| 24. Raquel Cruzada | Judge Jose De Venecia TVSS |
| 25. Gemma P. Centino | Lasip Grande Elem. School |
| 26. Maricel C. Melad | Leon Francisco Maramba Elem. School |
| 27. Divina Q. Baltazar | Lomboy Elem. School |
| 28. Sheryll Ann L. Cacho | Lucao Elem. School |
| 29. Acela O. Callejo | Malued Elem. School |
| 30. Corazon DS. Calimlim | Mamalingling Elem. School |
| 31. Jacqueline R. Lamsen | Mangin Tebeng Elem. School |
| 32. Bessie L. Ubando | North Central Elem. School |
| 33. Jasmin R. Suarez | Pantal Elem. School |
| 34. Leticia R. Siapno | Pascual G. Villamil Elem. School |
| 35. Marife S. Viray | Pogo Lasip Elem. School |



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36. Janine Bernadette Macaso	Pugaro IS
37. Cenderella Q. Tadina	Pugaro IS
38. Michelle Ann Estabillo	Pugaro IS
39. Elma A. Dela Peña	Sabangan Elem. School
40. Emma A. Bembo	Salapingao Elem. School
41. Leah Janice G. Besacruz	Salapingao National High School
42. Leonardo D. Solis	Salapingao National High School
43. Thelma A. Biason	Salisay Elem. School
44. Jacqueline S. Quinto	Suit Elem. School
45. Brigette Jhay B. Lee	T. Ayson Rosario Elem. School
46. Leah M. Duque	Tambac Elem. School
47. Vivian P. Ferrer	Tebeng Elem. School
48. Ceciline A. Esteves	Victoria Q. Zarate
49. Janeth Abrigo	West Central Elem. School I
50. Ma. Gladys G. De Vera	West Central Elem School II



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Orientation on Mental Health Program for Guidance Designate
December 17-18, 2024
Lenox Hotel
DAY 1
8:00AM-5:00PM

TIME	SESSION	FACILITATOR
8:00AM-8:30AM	REGISTRATION	GLORIA P. FLORES Dental Aide
		JOZZANA PERALTA-BASTO Nurse II
8:30AM-9:15AM	NATIONAL ANTHEM	AVP
	PRAYER	CHRISTIAN PAUL Q. ESPIRITU Nurse II
	ROLL CALL OF PARTICIPANTS	TEODORO L. MANAOIS Nurse II
	WELCOME REMARKS	THERESA P. PARAYNO, MD Medical Officer III
	MESSAGE	ROWENA C. BANZON, EdD, CESO V Schools Division Superintendent
9:15AM-9:35PM	HEALTH BREAK	
9:35AM-12:00PM	SMHP Orientation/ANXIETY AND DEPRESSION	AMANTE OFIANA, JR. Psychometrician
12:00NN-1:00PM	LUNCH BREAK	
1:00PM-3:00PM	HOW TO RECOGNIZE RISK FACTORS AND WARNING SIGNS OF SUICIDAL BEHAVIORS & HOW TO INTERVENE IN CRISIS SITUATIONS	RAQUEL M. BENJAMIN Psychometrician



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3:00PM-3:15PM	HEALTH BREAK	
3:15PM-4:15PM	BURN OUT	MARINA S. FESTEJO Nurse II
4:15PM-5:00PM	HEEADSSSS ASSESSMENT	JOZZANA PERALTA-BASTO Nurse II



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DAY 2
8:00 AM-5:00 PM

TIME	SESSION	FACILITATOR
8:00AM-8:30AM	RECAP OF DAY 1 PER DISTRICT	EMCEES
8:30AM-9:30AM	BRIEF TOBACCO INTERVENTION	GLENN ERICKSON T. BASTO Nurse II
9:30AM-9:45AM	HEALTH BREAK	
9:45AM - 10:45AM	RETURN DEMONSTRATION	GLENN ERICKSON T. BASTO Nurse II
10:45PM-12:00NN	CRAFTING OF SCHOOL MENTAL HEALTH ACTION PLAN	
12:00NN-1:00PM	HEALTH BREAK	
1:00PM-3:00PM	PRESENTATION OF OUTPUT PER SCHOOL	EMCEES
3:00PM-3:15PM	HEALTH BREAK	
3:15PM-4:15PM	SESSION IMPRESSION & WORDS OF COMMITMENT PER DISTRICT	
4:15PM-5:00PM	CLOSING REMARKS	EDILBERTO R. ABALOS, EdD. CES-SGOD



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